

Flax Seed Heating Packs

Assembly Instructions

materials:(per bag)

1 hand towel

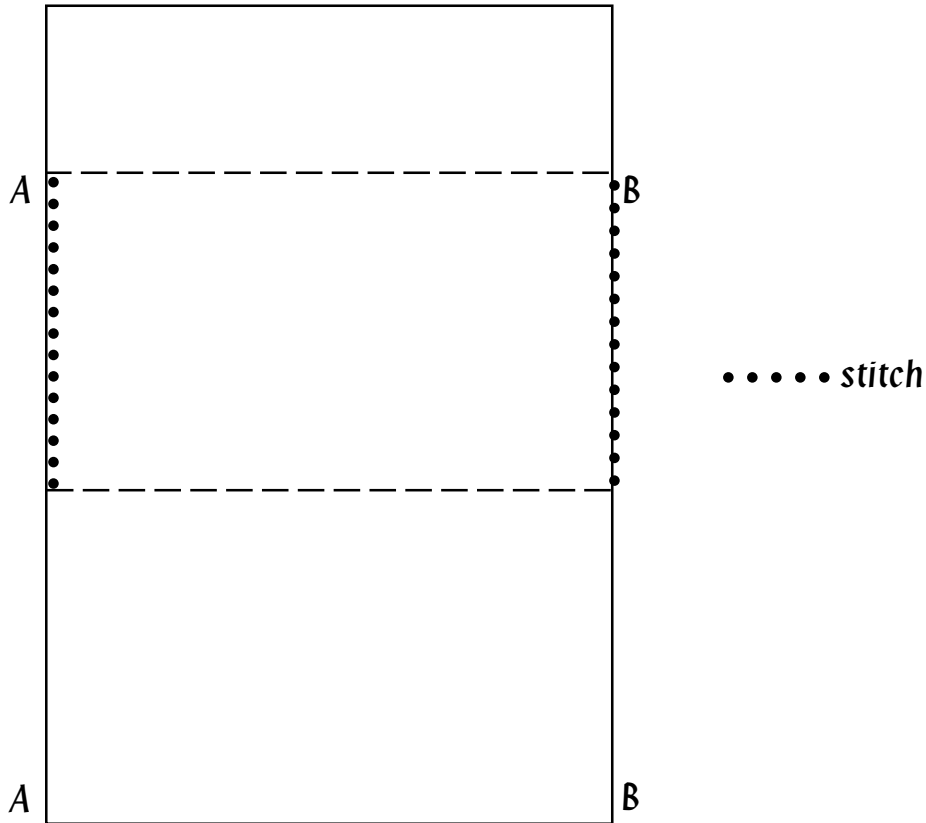
2 ziploc gallon bags

5 cups flax seed

yarn

Pour flax seed into ziploc bag, press out air and seal. Double Bag.

fold hand towel as shown and stitch sides



Bags are microwaved for 4 minutes. They stay warm for up to 4 hours. PAWS uses these bags for post-surgical cats, orphaned kittens and elderly cats.